

# Power

Wattage quantifies the rate of energy transfer and acts as the indicator for power usage when measured over time – typically expressed as kilowatt-hours or kW/h. Utility companies offer consistent access to power by the kilo-watt hour, generated from renewable and consumable fuels.

Energy can comes from many sources and some are harmful. Learn more about [where your energy comes from](#).

# Personal Devices

Electronic devices often provide information about their power requirements right on them. Power Supply Units – or PSUs – provide electricity to individual components within a computer. These specify the wattage that the power supply can draw up to during a heavy work load. This is the maximum capacity and doesn't indicate how much power the computer will consume while idle.



Each component will need to draw power in order to function and every computer will have different parts. The exact amount that each requires can fluctuate based on their function and how much of a workload the component has. Modern computers automatically manage each component's power usage, putting them to sleep – or a low-power standby mode that conserves electricity.

CPUs and GPUs generally require the most power, but chipsets designed for laptop can be extremely efficient. By exploring the average power usage for computer components while both idle and under load, we can estimate how much power our server will consume over the course of a day.

*Power Consumption in Watts*

Component	Idle	Under Load
Motherboard	15	25 — 100
Desktop CPU	10 — 30	75 - 250
Desktop GPU	10 — 50	200 - 500
Mobile CPU	5 — 15	15 — 65
Mobile GPU	10 — 100	35 — 150
Hard Disk Drive	5	5 — 15
Solid State Drive	1	1 — 5
RAM module	2	2 - 5

Using these numbers, we can estimate how much power our server will consume at any one moment. Modern desktop computer systems consume around 100 watts while idling. While basic office PCs may require 250 watts for web browsing tasks, a machine could draw up to 800 watts while playing a graphics-intensive video game. These estimates are a helpful baseline, but power requirements fluctuate.

Want a better idea? Try out [pccpartpicker.com](https://pccpartpicker.com) and add your exact components.

Computers come in a variety of form factors target at specific use cases. Raspberry Pi computers use specialized processors – like those in smartphones – to create an efficient, lightweight computer. Laptops are designed to be compact, efficient and portable so they can run off batteries.

Mini PCs will often leverage laptop hardware to create a desktop or set-top computer with a small footprint. Traditional desktop PCs range from low-powered office computer solutions to top-of-the-line computer workstations.

When connecting to the Internet, the modem and router also consume electricity that needs to be accounted for. Like a computer, these devices will also draw more power when under a heavy

load.

Graph comparison of device wattage

Power Consumption in Watts

Device	Idle	Under Load
Raspberry Pi 5	3	3 — 7
Laptop	5	30 — 200
Mini PC	5 — 20	20 — 400
Desktop PC	35 — 100	150 — 300
Workstation	75 — 150	300 — 800
Wi-Fi Router	5	5 — 20
Modem	5	5 — 20

Want to be exact? Try out a digital power meter to find your exact energy usage.

Once we have a better idea how much energy we'll require – in the form of wattage – we can estimate how much power the computer consumes while left on over an entire day.

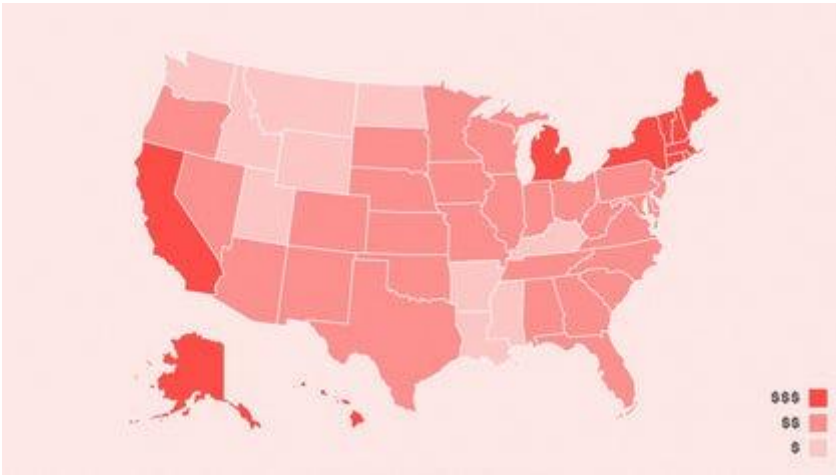
Don't want to do math? Try out this [wattage calculator from EnergyBot](#).

We calculate this by multiplying the total wattage we estimated by the number of hours a day the server will be drawing power. This will be 24 hours per day. We now have our wattage per hour. Finally, we can divide this number by 1000 to achieve our kilowattage per hour.

$$E_{(kWh/day)} = P_{(W)} \times t_{(h/day)} / 1000_{(W/kW)}$$

A 200 watt Mini PC will use 4.8 kWh per day – or 144 kWh per month – when left running all day, every day.

Now that we know the kilowatt hours consumed by our computer, we can get an estimate the monetary cost per day. Your utility provider will list the exact unit price per kW/h on your account summary or service bill. The cost of energy varies widely across the country – depending on a host of factors – and ranges all the way from \$0.10 to \$0.43. Residential energy rates are often higher than commercial prices due to the economy of scale.



With this information, it's simple to calculate a monetary cost. By multiplying the cost per kilowatt by the quantity of kilowatts, we arrive at the final cost. When estimating per month, we can see how much our server affects our monthly bill.

Energy costs \$0.12 per kWh in Washington State and a 200 watt computer uses 144 kWh over 30 days. This means that it costs \$17.28 per month to run an always-on server.

By choosing to self-host, we not only retain digital autonomy but can take better stock of our effect on the ecosystems around us.

# Data Centers

Large-scale data centers use exponentially more power than a home server – consuming up to 100 times more than a standard office building. For example, a small data center with 500 servers may require 1 megawatt of power – equivalent to 200 American households.

*Data Center Scale*

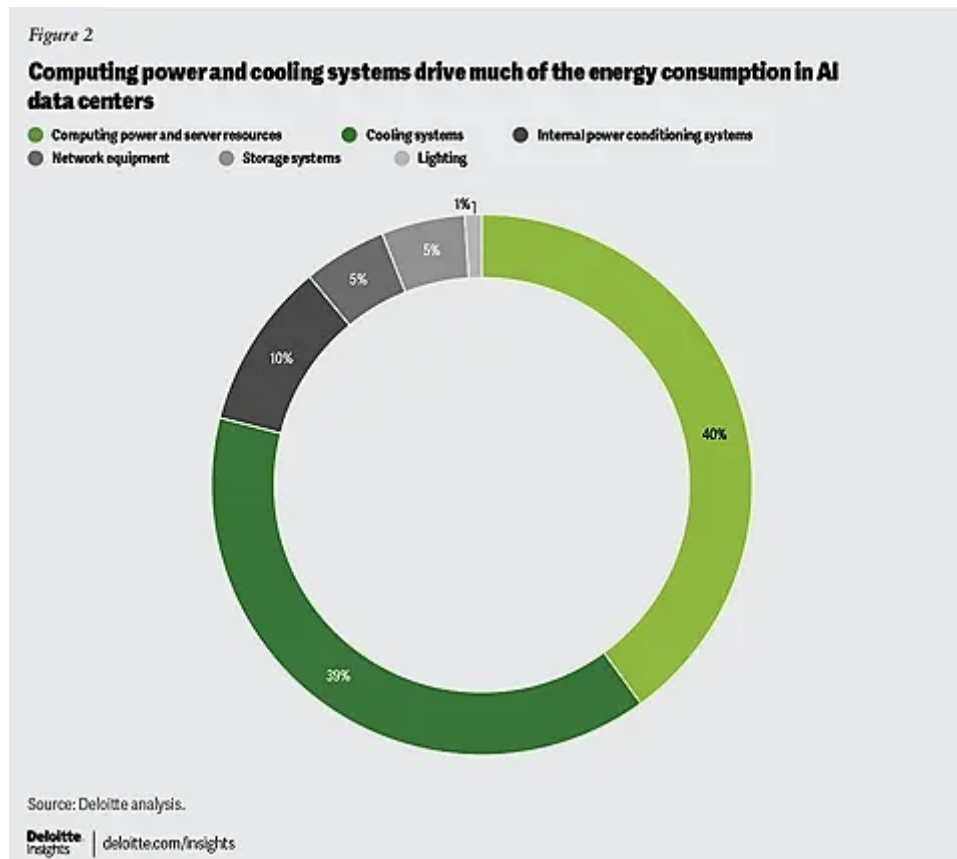
Scale	Servers	Power Capacity
Small	500 – 2,000	1 – 5 MW
Medium	2,000 – 10,000	5 – 20 MW
Large	10,000+	20 – 100 MW

Describe and illustrate difference between w kilowatt and megawatt

Similar to personal computers, data centers can enter idle states where they consumes less power. Entire server racks will turn on and off depending on how much work needs to be done.

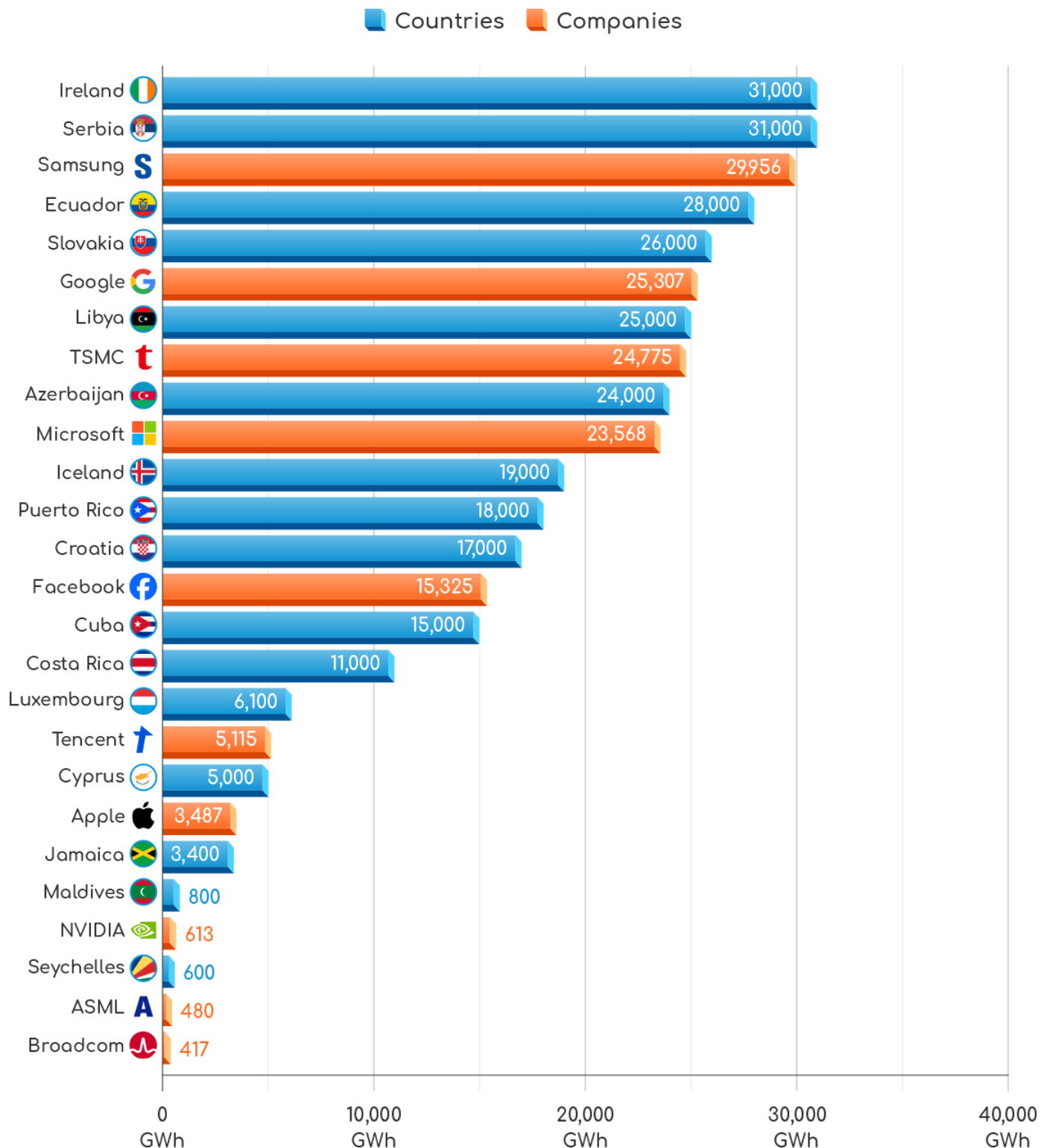
This will result in a data center's power consumption fluctuating.

Globally, computer and network technologies are estimated to consume 10% of all energy produced. Of this, data centers consume about 20% – with this expected to continue rising with the rise of machine learning. Two broad categories use nearly 80% of this power: hardware and cooling systems.



Power consumption for the ten largest global technology companies outpace entire nations.

# Annual electricity consumption: Tech Giants vs. Countries



Data Sources: U.S. Energy Information Administration,  
companies' sustainability reports, financial statements



Data centers are not necessarily bad, but they must be created with care and compassion for the community and ecosystem.

Revision #3

Created 19 May 2025 02:59:46 by metaphorraccoon

Updated 21 May 2025 08:04:50 by metaphorraccoon